



MASTER DEGREE CARDIOVASCULAR REHABILITATION

3 reasons to choose this program

1. In the context of Medicine seen as a whole, this Master's program sees research and clinical practice as allies of scientific knowledge and its implementation.
2. If you are interested in the Sports, Physiology, Cardiovascular Medicine or Nutrition fields.
3. To have contact with reference institutions, such as ULisboa or Santa Maria Hospital, and take advantage of the best that their infrastructures have to offer.

Educational Plan

1st year

Curricular Units	Contact Hours	Credits
Cardiovascular Disease Prevention	52	10
Education and Communication in Cardiovascular Health	28	5
Psychiatric and Psychology Intervention and Evaluation	28	5
Exercise in Cardiovascular Disease	52	10
Cardiovascular Rehabilitation - Structure, Models and Guidelines	52	10
Cardiovascular Rehabilitation - Organization, Implementation and Evaluation	52	10
Nutrition: Cardiovascular Patient Assessment*	28	5
Nutrition: Specific Intervention*	28	5
Cardiovascular Research: Data Records and Project Analysis*	28	5
Cardiovascular Research: Design and Statistical Analysis*	28	5

2nd year

Unidades Curriculares	Orientação Tutorial	Créditos
Dissertation/ Internship Report	420	60

Optional* - two of the four optional course units

The course consists of 4 semesters, 2 academic years, the first two semesters are constituted by the curricular component and two semesters for the preparation and realization of the dissertation.