

Bibliografia recomendada para o Exame de Reconhecimento Específico da Licenciatura em Ciências da Nutrição

- Academy of Nutrition and Dietetics (2020). International Dietetics and Nutritional Terminology (Idnt) Reference Manual: Standard Language for the Nutrition Care Process. 4th ed. American Dietetic Association.
- FAO, WHO. Codex Alimentarius – Food Hygiene (Basis Texts). Rome, FAO/WHO; 4th Edition, 2009. ISBN 978-92-5-105913-5.
- Jameson JL, Fauci AS, Kasper DL, Hauser SL, Longo L & Loscalzo J. (2018). Harrison's Principles of Internal Medicine. 20th ed. New York: McGraw-Hill Education.
- Lopes C, Torres D, Oliveira A, Severo M, Alarcão V, Guiomar S, Mota J, Teixeira P, Rodrigues S, Lobato L, Magalhães V, Correia D, Carvalho C, Pizarro A, Marques A, Vilela S, Oliveira L, Nicola P, Soares S, Ramos E. Inquérito Alimentar Nacional e de Atividade Física, IAN-AF 2015-2016: Relatório de resultados. Universidade do Porto, 2017. ISBN: 978-989-746-181-1. Disponível em: www.ian-af.up.pt.
- Nieman DC. (2019). Nutritional Assessment (7th Edition). McGraw-Hill Education.
- Nnakwe N. Community nutrition: Planning health promotion and disease prevention. 2nd revised ed. Jones and Bartlett; 2012. ISBN 144965293X.
- Raymond JL, Morrow K. (2022). Krause and Mahan's Food & the Nutrition Care Process. 16th ed. Philadelphia: Saunders, Elsevier.
- Shaw IC. Food Safety: The Science of Keeping Food Safe. Wiley-Blackwell. 2nd edition; 2018. ISBN: 9781119133667.
- Sobotka L. (2019). Basics in Clinical Nutrition. 5th ed. Galén, Prague: ESPEN (Galén).
- Spark A, Dinour LM, Obenchain J. Nutrition in public health: principles, policies, and practice. 2nd ed. CRC Press; 2015. ISBN 1466589949.