

Study Plan for Incoming Students
in
Nutritional Sciences

1st year			2nd year			3rd year			4th year		
Semester	Curricular Units	ECTS	Semester	Curricular Units	ECTS	Semester	Curricular Units	ECTS	Semester	Curricular Units	ECTS
1st	Anatomy	5	1st	Nutritional Epidemiology	4	1st	Diet Therapy I	5	1st	Biostatistics II	4
	Biostatistics I	4		Pharmacology	4		Ethics and Professional Deontology	4		Applied Research	8
	Molecular and Cell Biology	4		Nutritional Assessment	5		Analysis and Food Preservation	5		Artificial Nutrition	5
	Sociology and Food History	4		Immunology	4		Food Safety	4		Sports Nutrition	5
	Microbiology	4		Pathology I	4		Food and Nutritional Marketing	4		Food Quality and Management Systems	4
	Food Chemistry	5		Nutrition in the Life Cycle	5		Food Management	4		Optional	4
	Public Health	4		Food Legislation and Standards	4		Optional	4	2nd	Internship in Nutritional Sciences	30
2nd	Biochemistry	5	2nd	Food Contaminants	4	2nd	Diet Therapy II	5			
	Human Physiology	6		Behavioral Change in Health	4		Research Methodologies	4			
	Genetics	4		Clinical Biochemistry	4		Community Nutrition	5			
	Histology	4		Food Science	4		Exercise in Health and Disease	4			
	Psychology	4		Exercise Physiology	4		Nutrition Policy	4			
	Food and Human Nutrition	7		Pathology II	5		Food Technology and Innovation	4			
			Food Toxicology	5	Nutrition, Obesity and Weight Control	4					